

HELLO!

l am HR Mokhtarinia

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Motion Analysis Indications in Ergonomics

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- Basic concepts of Kinematics
- Variables
- Bioinstrumentation
- Data gathering
- Data analysis
- Provide study samples

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Rigid Body Mechanic



Basic Kinematic Concepts



- Variables for Describing Motion
- Reference Systems for Describing Motion of the Human Body and Its Segments
- Spatial and temporal characteristics
 - Spatial (where, how far, what direction)
 - Temporal (how long, how fast,)
- Qualitative or quantitative
- ▶ Linear & angular motion

Kinematic Variables



- ▶ Time
- ▶ Position
- Displacement & distance
- ▶ Velocity & speed
- ▹ Acceleration

Time – Temporal Analysis



- ▶ WHEN?
- ▶ HOW OFTEN?
- ▶ IN WHAT ORDER?
- ▶ HOW LONG?

- Most basic analysis
- Examples:
 - Cadence
 - Stride time
 - Temporal patterning



Time – Temporal Analysis





Position Analysis

- ▶ Where?
- position location in space relative to some reference point
- Linear position (s)
 - ▶ x,y,z coordinates
- ▶ Angular position (図)
 - Angle relative to the zero degree
- Units (meter or degree)

Lumbar spine curvatures during squat and stoop lifting. Lumbar curvature was changed from the kyphosis to the lordosis about 50% in the squat lifting, and 60% in the stoop lifting regardless of weights.



Displacement & Distance



- ▶ Displacement ($\Delta s, \Delta \theta$)
 - ▶ Final change in position
 - Vector quantity
 - Angular or transitional
- ▶ Distance ($\Delta p, \phi$)
 - ▶ Sum of all changes in position
 - Scalar quantity
- ▶ units (m, °)

Displacement (motion): 5 km to the northeast Distance: 7 km



Velocity & Acceleration



HOW FAST?

- Velocity (v, ω)
 - Vector quantity
 - ► △position ÷ time
 - Units (m·s⁻¹, °·s⁻¹)

HOW QUICKLY IS VELOCITY CHANGING?

- Acceleration (a, α)
 - Vector quantity
 - ► ∆velocity ÷ time
 - ► Units (m·s⁻², °·s⁻²)
 - Insight into forces/torques







12 Reference Systems: Linear



origin is fixed in space **π/2 rad** 90° 1⁄4 rev **180° 0**° π rad 2π rad 1/2 rev 1 rev **270° 3**π**/**2 rad

³/₄ rev



Angular: Absolute Reference Systems

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Angular: Relative Reference Systems

- Relative segment to adjacent segment
- Angle between two segment
- In ab.ref zero point is fixed but in rel.ref may be not



What we see in the LAB





Bio-instruments for Motion analysis





Instruments History



- Motion tracking or motion capture started as a photogrammetric analysis in the 1970s
- Since the 20th century the performer has to wear markers near each joint to identify the motion by the positions or angles between the markers.
- Acoustic, inertial, LED, magnetic or reflective markers, or combinations
- Optical systems

Instruments History



- Photography
- Motion trackers
- Motion analysis systems or Tracking or motion capture
- Optical systems
- Goniometers
- Electrogoniometers
- Accelerometres

Optical Motion Analysis systems



- Data captured from sensors to triangulate the 3D position of a subject between two or more cameras
- These systems produce data with three degrees of freedom for each marker,
- Typically a system will consist of around 2 to 48 cameras.
- Markers
 - Active: one LED at a time very quickly or multiple LEDs
 - Passive: markers coated with a retroreflective material





Data gathering procedures with Motion Analysis systems





Motion Analysis LAB







Data Gathering Procedures

- Calibrations
- Landmark Placement
- Data gathering
- Data reduction and Clear
- Modeling
- Calculating the angles



Calibration



- Statics calibration
- Dynamic Calibration

https://www.youtube.com/watch?v=nZsxehVIz9E







26 Landmark Placement





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- Missing values
- Interpolation for miss data if possible
- Data reduction and clear data

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237	226	-441.364	-46.1108	679.1729	-785.274	-56.483	-150					/		480.983	41.28628	1016.381	-472.852	-39.6762	507.3054	-434.375	158.1297	1174.774	-820.694	147.9437	1185.751	-455.384	-83.6633	330.8984	-775.842	-92.5586	324.11
238	227	-441.546	-44.4048	678.9922	-785.254	-53.9576	150					/		480.873	43.57604	1016.772	-472.936	-37.7143	507.0595	-433.52	155.8364	1175.385	-821.603	145.3674	1186.272	-455.408	-82.3923	330.7641	-775.675	-91.1911	323.94
239	228	-441.721	-42.7423	678.8069	-785.231	-51.4615	-200							480.754	45.81334	1017.136	-473.019	-35.7794	506.809	-432.703	153.5627	1175.882	-822.493	142.8357	1186.685	-455.414	-81.141	330.639	-775.506	-89.8351	323.7
240	229	-441.888	-41.1249	678.6179	-785.204	-48.9969								480.625	47.99656	1017.475	-473.101	-33.8735	506.5547	-431.922	151.3131	1176.27	-823.366	140.3541	1186.996	-455.402	-79.9116	330.5231	-775.335	-88.4922	323.59
241	230	-442.047	-39.5541	678.4257	-785.174	-46.5662	-250							480.486	50.12407	1017.788	-473.182	-31.9987	506.2974	-431.179	149.0921	1176.555	-824.221	137.9281	1187.211	-455.373	-78.7062	330.4159	-775.162	-87.1639	323.41
242	231	-442.196	-38.0313	678.2312	-785.139	-44.1716		JJJ./ 25	170.000	1000.201		147.505	1001.000	480.336	52.19434	1018.077	-473.261	-30.1572	506.0378	-430.472	146.9047	1176.745	-825.057	135.5632	1187.338	-455.33	-77.5264	330.3174	-774.988	-85.8518	323.23
243	232	-442.337	-36.5581	678.0351	-785.1	-41.8158	665.0947	-555.882	-138.831	1034.586	-645.432	-145.786	1030.984	-480.176	54.20586	1018.344	-473.338	-28.351	505.7767	-429.802	144.7554	1176.844	-825.873	133.2648	1187.382	-455.274	-76.3741	330.2269	-774.812	-84.5577	323.05
244	233	-442.469	-35.1358	677.8383	-785.056	-39.5015	664.8397	-556.038	-136.756	1033.889	-645.631	-143.651	1030.284	-480.006	56.15721	1018.588	-473.412	-26.5822	505.5148	-429.165	142.6491	1176.862	-826.67	131.0384	1187.35	-455.206	-75.2509	330.1442	-774.635	-83.2833	322.86
245	234	-442.592	-33.7657	677.6414	-785.007	-37.2312	664.5804	-556.19	-134.734	1033.2	-645.824	-141.567	1029.591	-479.825	58.04702	1018.812	-473.484	-24.8531	505.2531	-428.561	140.5906	1176.804	-827.447	128.8891	1187.251	-455.129	-74.158	330.0687	-774.458	-82.0304	322.68
246	235	-442.705	-32.4493	677.4453	-784.954	-35.0077	664.3178	-556.339	-132.766	1032.522	-646.01	-139.535	1028.905	-479.633	59.87396	1019.017	-473.554	-23.1657	504.9923	-427.988	138.5845	1176.678	-828.203	126.8221	1187.091	-455.043	-73.0968	329.9998	-774.281	-80.8007	322.50
247	236	-442.81	-31.1876	677.2506	-784.895	-32.834	664.0531	-556.484	-130.854	1031.856	-646.189	-137.558	1028.228	-479.432	61.6368	1019.202	-473.62	-21.5222	504.7333	-427.444	136.6353	1176.493	-828.938	124.8422	1186.878	-454.95	-72.0684	329.9371	-774.104	-79.5962	322.32
248	237	-442.905	-29.9819	677.0582	-784.831	-30.713	663.7874	-556.624	-129	1031.203	-646.36	-135.637	1027.562	-479.222	63.33437	1019.371	-473.683	-19.9246	504.477	-426.926	134.7475	1176.256	-829.652	122.954	1186.619	-454.852	-71.0737	329.88	-773.928	-78.4187	322.14
249	238	-442.991	-28.8332	676.8688	-784.762	-28.6474	663.5217	-556.76	-127.205	1030.564	-646.524	-133.775	1026.909	-479.002	64.96556	1019.524	-473.742	-18.3751	504.2242	-426.431	132.9252	1175.974	-830.344	121.1619	1186.322	-454.751	-70.1138	329.8281	-773.753	-77.2701	321.96
250	239	-443.068	-27.7427	676.6831	-784.688	-26.6405	663.2573	-556.891	-125.473	1029.941	-646.68	-131.974	1026.27	-478.775	66.52934	1019.662	-473.798	-16.8759	503.9758	-425.957	131.1725	1175.656	-831.012	119.4697	1185.994	-454.647	-69.1895	329.7808	-773.58	-76.1522	321.79
251	240	-443.136	-26.7113	676.5019	-784.609	-24.695	662.9952	-557.016	-123.804	1029.335	-646.828	-130.235	1025.646	-478.54	68.02475	1019.786	-473.849	-15.4289	503.7326	-425.502	129.4929	1175.309	-831.657	117.8811	1185.642	-454.542	-68.3015	329.7379	-773.408	-75.0669	321.62
252	241	-443.196	-25.7399	676.3258	-784.525	-22.8141	662.7367	-557.136	-122.2	1028.748	-646.968	-128.561	1025.041	-478.299	69.45092	1019.898	-473.897	-14.0363	503.4956	-425.063	127.89	1174.941	-832.276	116.3991	1185.274	-454.438	-67.4508	329.6989	-773.24	-74.0162	321.45
253	242	-443.248	-24.8295	676.1555	-784.437	-21.0006	662.4829	-557.25	-120.663	1028.181	-647.1	-126.953	1024.454	-478.053	70.80706	1019.998	-473.94	-12.7001	503.2655	-424.637	126.3669	1174.56	-832.87	115.0264	1184.897	-454.335	-66.6379	329.6636	-773.074	-73.0018	321.29
254	243	-443.291	-23.9808	675.9916	-784.345	-19.2575	662.2349	-557.357	-119.195	1027.635	-647.223	-125.414	1023.888	-477.803	72.09245	1020.089	-473.98	-11.4223	503.0432	-424.222	124.9264	1174.171	-833.435	113.7651	1184.516	-454.234	-65.8636	329.6318	-772.912	-72.0256	321.14
255	244	-443.327	-23.1946	675.8348	-784.249	-17.5877	661.9939	-557.458	-117.798	1027.112	-647.338	-123.946	1023.345	-477.549	73.30645	1020.171	-474.015	-10.2047	502.8294	-423.816	123.5709	1173.782	-833.971	112.6168	1184.138	-454.136	-65.1287	329.6032	-772.753	-71.0894	320.9
256	245	-443.356	-22.4715	675.6856	-784.149	-15.9941	661.7609	-557.552	-116.472	1026.613	-647.445	-122.55	1022.825	-477.294	74.44853	1020.245	-474.045	-9.04948	502.6249	-423.419	122.3024	1173.4	-834.475	111.5824	1183.768	-454.042	-64.4337	329.5777	-772.6	-70.1949	320.85
257	246	-443.377	-21.8122	675.5446	-784.045	-14.4794	661.5371	-557.64	-115.22	1026.139	-647.543	-121.228	1022.331	-477.039	75.5182	1020.312	-474.071	-7.9583	502.4305	-423.027	121.1227	1173.029	-834.946	110.6624	1183.412	-453.952	-63.7795	329.5554	-772.451	-69.3439	320.71
258	247	-443.392	-3.312	122	-783.939	-13.0462	661.3235	-557.72	-114.044	1025.692	-647.633	-119.982	1021.863	-476.784	76.5151	1020.375	-474.093	-6.93296	502.2468	-422.642	120.033	1172.675	-835.381	109.8565	1183.075	-453.867	-63.1666	329.5361	-772.307	-68.538	320.58
259	248	-443.4	-2.18594	* :889	-783.83	-11.6973	661.121	-557.793	-112.944	1025.272	-647.715	-118.813	1021.424	-476.532	77.43891	1020.433	-474.11	-5.97516	502.0745	-422.261	119.034	1172.343	-835.778	109.164	1182.76	-453.787	-62.5957	329.52	-772.17	-67.7789	320.46
260	249	-443.403	-1.14042	675.1751	-783.72	-10.4351	660.9308	-557.859	-111.922	1024.881	-647.788	-117.724	1021.014	-476.283	78.2894	1020.487	-474.124	-5.08649	501.9143	-421.887	118.126	1172.036	-836.134	108.5835	1182.472	-453.712	-62.0676	329.5071	-772.038	-67.068	320.35
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Calculation of angles from data



• Absolute angle

- For each segment two marker is necessary
- Horizontal equal to 0 degree
- All measure is in ccw
- In black line



Absolute Angles:

To determine absolute joint angles, you need to define a reference system first. Here, we will choose the distal joint as our origin (0,0), and calculate the absolute segment (foot, shank, thigh, and trunk) angles from the right horizontal. Mathematically, the absolute angle can be calculated using the following trigonometric relationship:

 $\tan (\theta) = (y_{\text{proximal}} - y_{\text{distal}}) / (x_{\text{proximal}} - x_{\text{distal}})$

taking the inverse tangent of both sides gives you:

 θ = tan ⁻¹ ((y proximal - y distal) / (x proximal - x distal))



Calculation of angles from data

Absolute angle

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- For each segment two marker is necessary
- Horizontal equal to 0 degree
- All measure is in ccw
- In black line
- Joint angle
- the included angle between the longitudinal axes of two adjacent segments
- Knee ext is when 0 deg flex
- In blue line

 $\theta_{hip} = \theta_{trunk} + (180 - \theta_{thigh})$ $\theta_{knee} = \theta_{shank} + (180 - \theta_{thigh})$ $\theta_{ankle} = \theta_{shank} + (180 - \theta_{foot})$









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13		2	-447.679	-26.1868	679.606	-478.416	-27.1458	505.6074				-1.60198	-91.787													
14		3	-447.747	-25.5856	679,4804	-478.449	-26.6945	505.5466				-1.6069	-92.0684													
15		4	-447.812	-25.0106	679.3606	-478.481	-26.2633	505.4897				-1.61162	-92.3391													
16		5	-447.876	-24.4617	679.2469	-478.513	-25.8524	505.4367				-1.61615	-92.5988													
17		6	-447.937	-23.939	679.139	-478.545	-25.4615	505.3877				-1.6205	-92.8476													
18		7	-447.995	-23.4425	679.0371	-478.578	-25.091	505.3427				-1.62464	-93.0853													
19		8	-448.051	-22.9723	678.9412	-478.611	-24.7407	505.3016				-1.6286	-93.3118													
20		9	-448.105	-22.5286	678.8512	-478.643	-24.4108	505.2645				-1.63235	-93.5269													
21		10	-448.156	-22.1114	678.7671	-478.676	-24.1015	505.2314				-1.63591	-93.7307													
22		11	-448.204	-21.7212	678.6891	-478.709	-23.813	505.2023				-1.63926	-93.9229													
23		12	-448.25	-21.3581	678.617	-478.742	-23.5456	505.1771				-1.64242	-94.1035													
24		13	-448.294	-21.0226	678.551	-478.774	-23.2996	505.1561				-1.64536	-94.2723													-
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Calculation of velocity



Coordinate and smooth data

$$V = \frac{\Delta X}{\Delta T}$$
 $\Delta X = x_{i+1} - x_i$

This velocity does not represented v at either of sample time.

• So,
$$v_{xi} = \frac{x_{i+1} - x_{i-1}}{2\Delta t}$$

And
$$A_{xi} = \frac{v_{xi+1} - v_{xi-1}}{2\Delta t}$$



Samples: Indication in Ergonomics studies





Relationships Between Trunk Movement Patterns During Lifting Tasks Compared With Unloaded Extension From a Flexed Posture



Yuta Ogata, MS,^a Masaya Anan, PhD,^b Makoto Takahashi, PhD,^b Takuya Takeda, MS,^a Kenji Tanimoto, MS,^a Tomonori Sawada, MS,^a and Koichi Shinkoda, PhD^a



- Assessment of movement patterns during lifting (0,30,60,90 deg) and unloaded trunk flexion and extension
- 3-dimensional motion analysis system (Vicon Motion Systems)
- lift a box containing a 7.5-kg weight from half the height of their shank to half the height of their thigh at a comfortable speed





The definition of KFA and the processing flow of real-time feedback. GT, greater trochanter; KFA, knee flexion angle; LCM: lateral condyle of the tibia; LEF: lateral epicondyle of the femur; LM: lateral malleolus.



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Reference

- The displayed knee flexion angle (clockwise rotation
- indicates increased knee flexion angle)













- The beginning and end of lifting were detected using the velocity of the markers pasted on the object that was lifted



- We detected the start and end of trunk extension from
- full unloaded flexion using the vertical coordinate of the
- ► COM













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Changes in kinematics and work physiology during progressive lifting in healthy adults

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- The objective: to test progression of changes in kinematics and work physiology during progressive lifting in healthy adults.
- EMG, Movement pattern analysis, Hear Rate







- Eight infrared cameras (Vicon Vantage V5, 100 frames per second, Vicon Motion Systems, Ltd.,Oxford, UK) and two video cameras (Vicon Bonita 720c, 120 Hz, Vicon)
- Four markers were placed on the bony landmarks of C7, T10 and both PIIS.
- The angle between the line C7–T10 and the line PIIS-Th10 was presented.
- maximal extension angles during the sets were recorded to express posture of the spine.















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A kinematic comparison of gait with a backpack versus a trolley for load carriage in children



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ARTICLE INFO

ABSTRACT

Aims: evaluate gait kinematics of the lower limbs and thorax in children by first comparing various weights on a backpack or a trolley to unloaded walking and then comparing the backpack to the trolley condition directly with matched loads.







- A 3D-motion capture system (Qualisys AB, Göteborg, Sweden)
- different loads conditions: unloaded walking (as control), pulling a school trolley or carrying a backpack, both with 10%, 15%, and 20% BW loads.



HIP



Motion analysis samples



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BMC Musculoskeletal Disorders

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Research article



Lower extremity joint kinetics and lumbar curvature during squat and stoop lifting Seonhong Hwang¹, Youngeun Kim² and Youngho Kim^{*3}

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THANKS!

Any questions?

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